

**NIGHTINGALE ATHLETIC DEPARTMENT
STUDENT-ATHLETE CONTRACT
Varsity and JV Teams**

STUDENT NAME _____

GRADE _____ **SPORT(S)** _____

PARENT CONSENT: I hereby give my consent for my daughter _____ to participate on an interscholastic athletic team sponsored by The Nightingale-Bamford School. I understand that interscholastic sports are part of a broad extracurricular program designed to teach students certain skills and reinforce concepts of self worth, cooperative effort, and ethical decision making. While the coaching staff and other responsible school officials will do everything within reason to protect my child against injury, including the provision of appropriate equipment, safe facilities and training designed to reduce the impact of accidents, I understand that injuries may occur and on a very rare occasion may be serious and disabling. I am also aware that athletic participation will involve travel and that all travel involves some risk of serious injury.

I/We have read and agree to abide by the following policies and expectations for athletic participation. Failure to abide by the expectations may result in removal from an athletic team.

- 1) Commitment is a fundamental requirement for athletic participation and is directly related to the success of a team and the development of the athlete. Attendance at all games and practices is expected and required. It is important to note that games and practices may be rescheduled during the course of a season. Therefore, an athlete's schedule must remain flexible during the sport season as to meet the commitment made to her team. Absence from school should be the only reason an athlete misses a practice or game. If there is an unavoidable circumstance in which an athlete must miss a practice or a game, the athlete must directly notify the coach or Director of Athletics in advance.
- 2) As a member of a Nightingale team, athletes representing the school are expected to uphold the highest standard of sportsmanship and ethical behavior.
- 3) The use of drugs, alcohol and tobacco is not only illegal but counter-productive to meeting the goals of athletic participation. Any athlete found to be using any of these substances may compromise her participation in athletics and face school-disciplinary consequences.
- 4) Team issued equipment and uniforms are the responsibility of the athlete and must be returned promptly and in good condition at the end of the season. Athletes will be billed for any lost or damaged school issued equipment or clothing.
- 5) Athletes must have an annual physical on file in the nurse's office to participate in athletics. We agree to notify the school if there is any change to an athlete's medical or physical condition which develops or is discovered after the physical is performed. An athlete is required to notify her coach or the athletic trainer if she sustains any injury while participating in practice or a game. The trainer can assess the extent of an injury and recommend the appropriate course of action. An athlete who has been removed from athletic participation by a doctor must have a doctor's clearance note to return to play. Injured athletes are expected to attend all practices and games while recovering from injury.
- 6) If an athlete has a question or concern she is strongly encouraged to speak to her coach directly. If further action is required, parents can contact coaches or the Director or Athletics through the school Email addresses are found on the NBS website.

PARENT NAME(print) _____ **(signature)** _____

ATHLETE SIGNATURE _____ **DATE** _____